

Exploring the Art and Science of Happiness, Leadership, and Mental Well-Being

@ DoubleTree By Hilton
- Park City, Utah

Wednesday November 8, 2023

12:00 - 4:30 PM

- ◆ Registration and Check-In

4:30 - 4:40 PM

- ◆ Conference Opens and Welcome
Anne Brown - CEO and President of Cook Center for Human Connection

4:40 - 5:25 PM

- ◆ Presentation on the Science and Mental Health Success of Connection
Dr. Julie Radlaur-Doerfler, LMHC

5:30 - 6:30 PM

- ◆ Dinner and Meet and Greet with Arthur Brooks

6:45 - 7:15 PM

- ◆ Transportation to Eccles Theater Park City

7:30 - 9:30 PM

- ◆ Arthur Brooks Lecture

9:45 - 10:15 PM

- ◆ Return Transportation to Hotel

Thursday November 9, 2023

7:30 - 8:25 AM

- ◆ Breakfast

8:25 - 8:30 AM

- ◆ Welcome

8:30 - 11:30 AM

- ◆ Exclusive Leadership and Happiness Seminar
Arthur Brooks - Author, Speaker, Professor of Management Practice and Faculty Fellow at Harvard Business School

11:30 - 12:30 PM

- ◆ Lunch

12:30 - 1:30 PM

- ◆ Table Top Discussions - Learnings and How to Apply Leadership and Happiness to Community

1:30 - 2:15 PM

- ◆ Clark County School District - Parent Engagement - How to Get Community Involved
Dr Brad Keating, Clark County School District, Executive Director Engagement Unit
Denise Diaz, Clark County School District, Director Family Engagement

2:15 - 2:35 PM

- ◆ Break

2:35 - 2:55 PM

- ◆ Mental Wellness Tools, Resources, and Helps
Cook Center for Human Connection

2:55 - 3:40 PM

- ◆ Ask a Therapist Live - A Destigmization Conversation
Dr. Kevin Skinner - Clinical Director and Co-Founder Bloom for Women and ParentGuidance.org

3:40 - 3:50

- ◆ Break

3:50 - 4:35

- ◆ Why Leadership Matters: The Transformational Power and Influence of Emotional Connection
Kimberly Applewhite, Psy.D.

4:35 - 4:40 PM

- ◆ Close Day 2

5:30 - 9:00 PM

- ◆ Dinner

Friday November 10, 2023

7:30 - 8:15 AM

- ◆ Breakfast

8:15 - 8:45 AM

- ◆ Special Concert Performance - You are a 10!
Alex Boyé - Artist, Performer, and Motivator

8:45 - 10:45 AM

- ◆ Speak Like a Leader - The Foundation
John Bates - World-Renowned Communication Expert and TED Talk Coach

10:45 - 11:00 AM

- ◆ Break

11:00 - 11:45 AM

- ◆ The Defensive Line - The Importance of Mental Health
Martha Thomas - The Defensive Line - Co-Founder and Chief Education Officer
Chris Thomas - The Defensive Line - Co-Founder and Chief Executive Officer

11:45 - 12:15 PM

- ◆ Why Now is The Moment to Make a Difference
Anne Brown - CEO and President of Cook Center for Human Connection

12:15 PM

- ◆ Conference is Adjourned
Grab and Go Box Lunches

